



RECIPE FOR SUCCESS

More than two decades after her groundbreaking book, *50 Great Curries of India*, became a global phenomenon, Camellia Panjabi is back with a long-awaited new release: *Vegetables: The Indian Way* (Penguin Michael Joseph).

A trailblazer in the world of Indian cuisine, Panjabi has shaped London's food scene with celebrated restaurants such as Vaaraswamy, Amaya and Chutney Mary, as well as the Masala Zone chain. Her first book sold two million copies, making it the bestselling curry cookbook in the world.

Now she brings us a definitive guide to Indian vegetarian cooking – a vibrant celebration of flavour, culture and ingredients.

With 120 authentic, easy-to-follow recipes organised by vegetable, with rich insights into their culinary origins, nutritional values and wellness benefits – and stunning photography by award-winning photographer Jonathan Gregson – *Vegetables: The Indian Way* is a journey through the heart of India's plant-based traditions, the people, the culture and the recipes.